

Start your summer with an unforgettable tour of North Alabama's scenic NOAH Bike Trail! Starting out at Wellness Park in Athens, Alabama, this fully-supported one-day ride will take cyclists through the beautiful Appalachian foothills of North Alabama and even into southern Tennessee. The ride is open to cyclists of all levels, and features routes of 25, 45, 75 and 100 miles.

But **Bike MS: North Alabama** is more than just a great ride, it's also a chance to make a difference for people with multiple sclerosis. The money you raise will support education, advocacy, research and local programs that enhance the quality of life for people with MS and their families.

To register for **Bike MS: North Alabama**, visit us at www.bikems.org or call Jennifer Ely at 1-205-879-8546. We hope to see you there!

Join the Movement!

Bike to create a world free of MS

bike MS

BIKE MS: NORTH ALABAMA

June 9, 2012 · Athens, Alabama

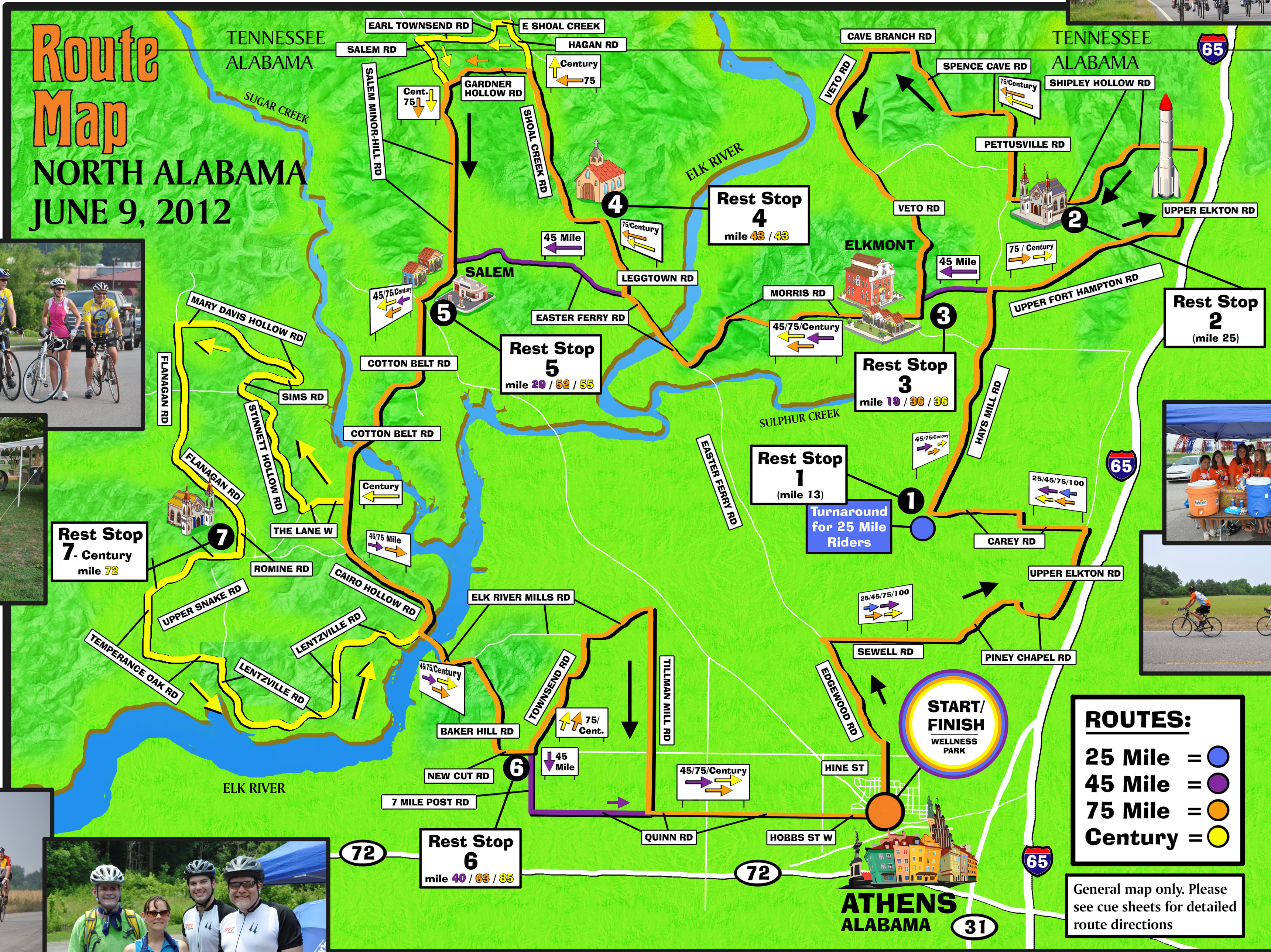
www.bikems.org · 1-205-879-8546



Route Map

NORTH ALABAMA

JUNE 9, 2012



Multiple sclerosis stops people from moving. The National MS Society exists to make sure it doesn't. We are people who want to do something about MS **NOW**. We help each person address the challenges of living with MS. For help or information, please contact us:

www.nationalMSSociety.org

1-800-344-4867



DON'T JUST RIDE...BIKE MS!

REGISTER TODAY!
www.bikems.org